

## BCSD SAFE SNACK LIST 22-23

Items on this list are approved to be in classrooms for the appropriate snack - daily snacks or birthdays/other special occasions as stated on the list. Only items on this list will be allowed in the classroom. **If a snack is brought in and is not on this list, it will be sent home.** Food must be store bought, brand specific as identified, in the original packaging with ingredients clearly listed, and not expired. Homemade treats are not allowed. Please limit to one snack per student.

### **Reminders**

Every effort was made to ensure the items on this list could be found at local stores.

\*BCSD does not promote any brand names or stores.

\*The law requires packaging to list any of the eight major allergens but does not require packaging to state if the product was manufactured in a facility that also processes nuts.

\*BCSD reserves the right to add or delete items on the list at any time for the safety of our students.

\*Please remind your student to NEVER trade/share their snack as this could be a life threatening event for some students.

\*Not all items on the list are considered healthy choices.

\*\*\*Any food items served by BCSD for school breakfast or lunch may be consumed in the classroom

\*WATER is the only beverage that should be in class unless there is a medical need on file for an alternative.

**IMPORTANT: Due to continual changes in manufacturer packaging, please read the ingredient label of all snacks, including those on this list, to ensure that it does not contain any of the following: peanut/tree nuts, peanut/nut butter, peanut or nut oil, peanut/nut flour, peanut/nut meal, or any variety of the statements “contains peanuts,” “may contain traces of peanuts/nuts,” or “manufactured in a facility or on equipment that also processes peanuts (and/or other nuts).”**

\*\*Packages with a symbol stating they made in peanut free facility and confirmed to have no nuts in the ingredient list are acceptable options



**BCSD SAFE SNACK 22-23**

# DAILY SNACK OPTIONS

## FRUITS

Applesauce Cups

Dried Fruit

Fruit Cup

Fresh Fruit

GoGo Squeez Pouches

Jell-O Cups

Raisins/Craisins

## VEGETABLES

Canned Vegetables

Fresh Raw Vegetables

Sensible Portions Brand Veggie Straws and Chips

## PROTEINS

Cheese - Sticks, Cubed, Sliced

Hard Boiled Eggs

Meat Sticks

Pediasure or Origin Kids Brand Protein Shakes

## DAIRY

Cottage Cheese

Yogurt - Yoplait Gogurt Tubes and Yoplait Yogurt Cups Only

Danimals Smoothies

## PUDDING

Pudding Cups

## FRUIT SNACKS

General Mills Fruit by the Foot or Fruit Rollup

Welch's, Annie's, Mott's Brand, Betty Crocker Brand Fruit Snacks

## POPCORN

Boom Chicka Pop - Plain and Cheddar Only

Pirate's Booty Puffs

Skinny Pop - all varieties

## BUTTERS

Wow Butter or Sunbutter individual cups

**PRETZELS/CHIPS**

PopCorners

Pringles Snack Stacks

Rold Gold

Snyder's of Hanover

Utz Brand Hard Pretzels or Cheese Balls

**CRACKERS**

Barnum Animal Crackers

Cheez-Its

Graham Crackers - Nabisco, Keebler, Honey Graham, Teddy Grahams, Kellogg's brand character graham snacks

Kraft Handi-Snacks - **only** Mister Salty Pretzels with Cheese, Premium Breadsticks with Cheese, Ritz with Cheese Dip

Nabisco Saltines

Pepperidge Farm Goldfish - Crackers or Pretzels

Quaker Rice Snacks

Original Ritz Crackers - NO RITZ BITZ

Triscuit, Triscuit Thin Crisps, or Wheat Thins

**CEREAL/GRANOLA BARS**

Aldi -Millville Fruit and Cereal Bars

Enjoy Life Brand Products

Kellogg's Rice Krispie Treats - Original Only

Made good Brand Products

Nabisco Fig Newtons

Nature's Bakery Bars

Nutri-Grain Bars - All Flavors

Pop Tart Bites

**CEREALS**

Apple Jacks

Cheerios - Plain or Apple Cinnamon

Cinnamon Toast Crunch

Cocoa Puffs

Frosted Flakes

Fruit Loops

Golden Grahams

Kix

Lucky Charms

Trix

# BIRTHDAY/CELEBRATIONS

**\*\* Please consider a non-food item for celebrations (Stickers, pencils, erasers, etc) instead of foods \*\***

## PACKAGED COOKIES

Chips Ahoy - Regular Only

Keebler Fudge Stripes

Lorna Doone Shortbread

Nabisco Nilla Wafers

Oreo's - Regular or Golden Only

## BAKED GOODS

Sweet P's Brand Frosted Sugar Cookies - Must be labeled nut free

Walmart **Bakery Brand** Frosted Sugar Cookies

Walmart **Bakery Brand Mini** Cupcakes- Must be labeled nut free

## CHOCOLATE/CARAMELS

Hershey's Kisses - Milk and Special Dark Varieties ONLY

Hershey's 1.55 oz Milk Chocolate Bars (ONLY 1.55 oz size)

Junior Mints

Kraft Caramels

Sixlets

## CANDY - SUCKERS

Charms Blow Pops

Dots

Dum Dum Pops

Ring Pops

Spangler Safe T- Pops

Tootsie Roll Brand

Yum Earth Brand

## CANDY

Airheads

Fun Dip

Gum - Trident, Stride, or Dentyne brands (No Double Bubble)

Haribo Gummies

Jolly Ranchers
Laffy Taffy
Lifesavers
Mike & Ikes
Nerds
Skittles
Smarties
Sour Patch Kids
Sour Punch Twists
Starlight Mints or Tic Tacs
Swedish Fish
Sweet Tarts
Twizzlers
<b>ICE CREAM/POPSICLES</b>
Breyers Ice Cream - Vanilla, Chocolate
Budget Saver Twin Pops
Dole Fruit Bar
Fla-Vor-Ice Freezer Pops
Fun Pops Fruit Flavored Freeze Pops
Luigi's Italian Ice Cups and Sherbet Cups
Market Pantry Sherbet Push Treats (Target)
Minute Maid - Juice Bars
PhillySwirl brand products
<b>SEASONAL ITEMS</b>
Betty Crocker Frosting - EXCEPT COCONUT PECAN
Candy Canes - Bob's, Spangler Candy Canes, TruJoy Candy Canes
Chocolate Chips - Only Enjoy Life and Hershey's Baking Chips
Marshmallows - Only Kraft, Jet Puffed, Campfire, Shop Rite Brands
Nestle & Necco Conversation Hearts
Oreo Cookies - Candy Cane flavor
Parade Cotton Candy
Peeps - regular, not on a stick
Pepperidge Farm Gingerbread Cookies
Starburst Jelly Beans
Spangler Saf-T-Pops
Sunrise Candy Corn
Tootsie Caramel Apple Suckers